

**Transition Town Stafford**

presents.....

## **The Spring Sowing Event**

**Sunday 28<sup>th</sup> March 2010**

**Market Square, Stafford 11-4pm**

**FREE**

### **Grow your own food activity day**

**(Sponsored by Stafford Borough Council,  
Stafford Coop and Sustainability Matters)**

Grow your own veg. on a budget, grow in what you throw, grow in a small space, gardening tips & recipes, children's activities, composting, chicken-rearing, water saving, allotment info., community gardening, wildlife gardens, seed swap, food and entertainment and much, much more (the list is still growing)!

[www.transitiontownstafford.org.uk](http://www.transitiontownstafford.org.uk)

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